

Kingdom Swimming Club

Individual Meet Results

Munster LC Championships 21-Mar-15 to 22-Mar-15 LC Meters

Location: UL

Kingdom Swimming Club [KGD]

Time	F/P/S	Event	Place	Points	Improv
Hollie Boyd (16) F					
2:41.01L	F # 7	Female Senior 200 Back	10	---	-3.96
	38.54	40.24 41.59 40.64			
2:51.59L	F # 11	Female Senior 200 IM	20	---	-4.77
	38.13	40.87 54.60 37.99			
37.57L	P # 13	Female Senior 50 Back	27	---	-0.31
2:33.23L	F # 32	Female Senior 200 Free	35	---	-2.39
	34.43	39.08 41.18 38.54			
1:18.36L	P # 36	Female Senior 100 Back	24	---	0.30
	38.38	39.98			
Xènia Carulla Cruz (15) F					
1:11.40L	P # 3	Female Senior 100 Fly	4	---	-0.71
	34.21	37.19			
1:11.54L	F # 3	Female Senior 100 Fly	3	---	-0.57
	33.59	37.95			
2:38.61L	F # 7	Female Senior 200 Back	7	---	---
	37.30	39.25 41.06 41.00			
2:40.80L	F # 11	Female Senior 200 IM	8	---	---
	34.75	39.26 51.97 34.82			
31.84L	F # 22	Female Senior 50 Fly	6	---	-0.26
31.88L	P # 22	Female Senior 50 Fly	6	---	-0.22
1:04.86L	P # 24	Female Senior 100 Free	16	---	-0.39
	32.03	32.83			
2:19.45L	F # 32	Female Senior 200 Free	9	---	1.26
	33.08	34.65 36.10 35.62			
Caomhán Daly (15) M					
1:02.11L	F # 8	400 Free Relay Lead Off	---	---	-2.00
	29.16				
2:30.43L	F # 12	Male Senior 200 IM	5	---	-4.58
	32.90	38.62 44.90 34.01			
1:18.08L	P # 16	Male Senior 100 Breast	5	---	-2.47
	37.05	41.03			
1:18.20L	F # 16	Male Senior 100 Breast	5	---	-2.35
	36.94	41.26			
2:48.63L	F # 27	Male Senior 200 Breast	4	---	-3.02
	37.40	42.24 46.05 42.94			
2:12.81L	F # 31	Male Senior 200 Free	14	---	-5.24
	30.72	33.92 34.26 33.91			
35.85L	P # 33	Male Senior 50 Breast	7	---	-1.53
36.06L	F # 33	Male Senior 50 Breast	8	---	-1.32
Sadhbh Daly (12) F					
2:51.15L	F # 7	Female Senior 200 Back	29	---	-4.13
	41.57	43.94 44.69 40.95			
2:57.19L	F # 11	Female Senior 200 IM	38	---	-3.76
	42.75	43.62 50.90 39.92			
3:18.05L	F # 26	Female Senior 200 Breast	20	---	0.32
	---	1:36.31 52.90 48.84			
1:21.04L	P # 36	Female Senior 100 Back	35	---	-3.03
	40.61	40.43			

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Rachel Deasy (15) F					
31.95L	P # 5	Female Senior 50 Free	36	---	---
2:55.03L	F # 7	Female Senior 200 Back	37	---	-8.08
	41.11	45.85 45.23 42.84			
3:16.51L	F # 11	Female Senior 200 IM	94	---	11.09
	41.68	48.67 1:02.35 43.81			
37.46L	P # 13	Female Senior 50 Back	25	---	---
1:18.43L	P # 36	Female Senior 100 Back	25	---	-1.70
	38.02	40.41			
Rebecca Dennehy (14) F					
3:22.57L	F # 7	Female Senior 200 Back	67	---	---
	46.03	51.51 53.37 51.66			
1:32.32L	P # 15	Female Senior 100 Breast	21	---	1.15
	---	1:32.32			
3:22.86L	F # 26	Female Senior 200 Breast	23	---	-0.14
	46.41	51.63 53.73 51.09			
41.88L	P # 34	Female Senior 50 Breast	11	---	0.24
41.88L	F # 34	Female Senior 50 Breast	10	---	0.24
Jenny Fox (14) F					
2:57.71L	F # 11	Female Senior 200 IM	41	---	-6.56
	44.12	45.88 48.01 39.70			
1:27.03L	P # 15	Female Senior 100 Breast	8	---	-1.19
	41.60	45.43			
1:27.20L	F # 15	Female Senior 100 Breast	6	---	-1.02
	41.48	45.72			
3:06.90L	F # 26	Female Senior 200 Breast	7	---	-2.65
	41.67	47.45 49.93 47.85			
38.94L	F # 34	Female Senior 50 Breast	5	---	-0.78
39.58L	P # 34	Female Senior 50 Breast	5	---	-0.14
Sarah Gavaghan (15) F					
1:13.27L	P # 3	Female Senior 100 Fly	7	---	-0.69
	34.25	39.02			
1:13.66L	F # 3	Female Senior 100 Fly	6	---	-0.30
	34.36	39.30			
29.98L	P # 5	Female Senior 50 Free	13	---	-0.19
2:52.00L	F # 11	Female Senior 200 IM	22	---	3.81
	34.63	44.33 54.29 38.75			
37.87L	P # 13	Female Senior 50 Back	30	---	---
31.87L	P # 22	Female Senior 50 Fly	5	---	0.86
32.78L	F # 22	Female Senior 50 Fly	7	---	1.77
1:06.93L	P # 24	Female Senior 100 Free	26	---	-0.04
	31.93	35.00			
2:35.83L	F # 32	Female Senior 200 Free	45	---	3.11
	35.74	41.18 40.73 38.18			

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Jack Grace (16) M					
25.52L	F # 4	Male Senior 50 Free	4	---	-0.21
25.99L	P # 4	Male Senior 50 Free	3	---	0.26
2:40.17L	F # 12	Male Senior 200 IM	16	---	6.61
	31.15	37.72 47.21 44.09			
55.59L	P # 25	Male Senior 100 Free	2	---	-0.69
	26.92	28.67			
56.58L	F # 25	Male Senior 100 Free	5	---	0.30
	27.80	28.78			
1:11.04L	F # 29	400 Medley Relay Lead Off	---	---	2.02
	34.09				
2:09.48L	F # 31	Male Senior 200 Free	7	---	3.05
	29.04	31.62 34.29 34.53			
Conor Harty (17) M					
27.52L	P # 4	Male Senior 50 Free	15	---	-1.25
33.82L	F # 14	Male Senior 50 Back	7	---	0.50
34.71L	P # 14	Male Senior 50 Back	11	---	1.39
1:00.66L	P # 25	Male Senior 100 Free	15	---	-4.60
	28.14	32.52			
2:27.98L	F # 31	Male Senior 200 Free	43	---	3.96
	31.82	38.11 39.19 38.86			
1:17.17L	P # 35	Male Senior 100 Back	25	---	4.34
	---	1:17.17			
Evelyn Hayes (14) F					
33.41L	P # 5	Female Senior 50 Free	48	---	---
3:14.71L	F # 7	Female Senior 200 Back	63	---	-5.19
	44.61	49.74 51.14 49.22			
3:03.34L	F # 11	Female Senior 200 IM	62	---	-13.05
	39.77	48.50 55.05 40.02			
Aisling Higgins (16) F					
3:02.96L	F # 11	Female Senior 200 IM	59	---	-2.13
	40.55	48.47 51.55 42.39			
1:33.02L	P # 15	Female Senior 100 Breast	24	---	3.77
	43.53	49.49			
NS	F # 26	Female Senior 200 Breast	---	---	---
NS	P # 34	Female Senior 50 Breast	---	---	---
Mébh Moloney (13) F					
3:08.63L	F # 7	Female Senior 200 Back	60	---	---
	43.84	48.89 49.38 46.52			
3:01.64L	F # 11	Female Senior 200 IM	55	---	-10.16
	39.65	48.83 54.15 39.01			
3:30.98L	F # 26	Female Senior 200 Breast	41	---	-8.18
	47.89	54.43 55.94 52.72			

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Time	F/P/S	Event	Place	Points	Improv
Aoife O'Connell (14) F					
31.19L	P # 5	Female Senior 50 Free	26	---	-1.45
2:53.64L	F # 11	Female Senior 200 IM	27	---	-4.58
	38.76	44.06 52.90 37.92			
1:09.19L	P # 24	Female Senior 100 Free	40	---	-0.49
	33.45	35.74			
3:27.77L	F # 26	Female Senior 200 Breast	36	---	2.82
	47.22	52.40 54.64 53.51			
2:30.50L	F # 32	Female Senior 200 Free	28	---	-5.45
	34.18	37.97 40.11 38.24			
Niamh O'Connell (16) F					
3:21.85L	P # 5	Female Senior 50 Free	51	---	169.99
2:54.65L	F # 7	Female Senior 200 Back	35	---	0.04
	---	1:25.28 44.99 44.38			
3:09.17L	F # 11	Female Senior 200 IM	85	---	4.01
	42.49	45.16 1:00.30 41.22			
1:10.06L	P # 24	Female Senior 100 Free	48	---	0.70
	33.60	36.46			
NS	F # 32	Female Senior 200 Free	---	---	---
1:20.93L	P # 36	Female Senior 100 Back	34	---	-0.86
	39.82	41.11			
Megan O'Donnell (15) F					
29.37L	P # 5	Female Senior 50 Free	8	---	-1.01
29.86L	F # 5	Female Senior 50 Free	10	---	-0.52
2:37.12L	F # 7	Female Senior 200 Back	6	---	-1.25
	35.22	39.09 41.30 41.51			
1:07.30L	F # 9	400 Free Relay Lead Off	---	---	1.99
	31.56				
2:41.71L	F # 11	Female Senior 200 IM	9	---	-0.04
	33.60	40.64 51.11 36.36			
34.64L	P # 13	Female Senior 50 Back	13	---	-0.06
NS	P # 24	Female Senior 100 Free	---	---	---
1:13.29L	F # 28	400 Medley Relay Lead Off	---	---	0.58
	34.75				
1:13.24L	F # 36	Female Senior 100 Back	7	---	0.53
	35.10	38.14			
1:13.51L	P # 36	Female Senior 100 Back	8	---	0.80
	35.05	38.46			

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Rachel O'Donnell (12) F					
31.90L	P # 5	Female Senior 50 Free	34	---	-0.32
2:52.32L	F # 7	Female Senior 200 Back	30	---	-0.34
40.29	44.10	44.65	43.28		
2:52.60L	F # 11	Female Senior 200 IM	24	---	-4.41
39.67	41.94	52.23	38.76		
37.84L	P # 13	Female Senior 50 Back	29	---	0.17
1:09.48L	P # 24	Female Senior 100 Free	43	---	-1.53
32.91	36.57				
2:33.19L	F # 32	Female Senior 200 Free	33	---	-0.91
34.86	39.53	40.36	38.44		
1:21.25L	P # 36	Female Senior 100 Back	37	---	1.12
39.21	42.04				
Connor O'Donoghue (17) M					
29.37L	P # 4	Male Senior 50 Free	31	---	-0.33
2:36.27L	F # 12	Male Senior 200 IM	12	---	0.20
34.24	42.32	43.56	36.15		
1:18.80L	F # 16	Male Senior 100 Breast	7	---	0.11
36.97	41.83				
1:19.35L	P # 16	Male Senior 100 Breast	7	---	0.66
37.79	41.56				
1:05.14L	P # 25	Male Senior 100 Free	46	---	-0.40
31.33	33.81				
2:57.38L	F # 27	Male Senior 200 Breast	8	---	8.23
38.86	44.72	47.35	46.45		
35.92L	F # 33	Male Senior 50 Breast	6	---	0.13
36.24L	P # 33	Male Senior 50 Breast	9	---	0.45
5:44.89L	F # 37	Male Senior 400 IM	4	---	9.53
36.89	44.19	46.25	44.91	46.20	48.60
			40.83	37.02	
Grainne O'Donovan (17) F					
1:12.59L	P # 24	Female Senior 100 Free	65	---	---
34.80	37.79				
2:43.19L	F # 32	Female Senior 200 Free	49	---	-14.72
34.89	40.48	43.39	44.43		
Deirdre O'Halloran (14) F					
3:10.20L	F # 7	Female Senior 200 Back	62	---	3.28
43.66	49.09	48.99	48.46		
3:09.38L	F # 11	Female Senior 200 IM	86	---	0.02
40.89	46.17	59.03	43.29		
Erin O'Halloran (12) F					
3:04.82L	F # 7	Female Senior 200 Back	53	---	---
41.79	46.28	48.85	47.90		
3:12.52L	F # 11	Female Senior 200 IM	90	---	5.91
45.85	45.86	57.73	43.08		

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Time	F/P/S	Event	Place	Points	Improv
Oisín O'Mahony (15) M					
1:21.01L	P # 16	Male Senior 100 Breast	12	---	-3.17
	39.79	41.22			
2:57.95L	F # 27	Male Senior 200 Breast	10	---	-4.00
	42.71	46.07 46.67 42.50			
36.59L	P # 33	Male Senior 50 Breast	11	---	-0.50
Cillian Tierney (16) M					
2:36.79L	F # 6	Male Senior 200 Back	15	---	-3.61
	37.30	39.82 40.54 39.13			
4:52.75L	F # 21	Male Senior 400 Free	13	---	-5.06
	32.55	36.10 --- 2:23.72 37.78 37.87 37.52 35.86			
1:04.65L	P # 25	Male Senior 100 Free	43	---	0.07
	31.11	33.54			
2:16.08L	F # 31	Male Senior 200 Free	22	---	-4.53
	31.41	34.51 35.91 34.25			