

## Kingdom Swimming Club

### RECORDS Long course records

#### LC Meters-Female

10 & U	50 Free	37.21	<b>2-Feb-13</b>	KGD	Rachel O'Donnell at Gerry Ryan Invitation Gala2013
	100 Free	1:23.48	<b>18-May-13</b>	KGD	Rachel O'Donnell at Munster Age Groups
	200 Free	2:59.25	<b>2-Feb-13</b>	KGD	Rachel O'Donnell at Gerry Ryan Invitation Gala2013
	400 Free	8:00.00	<b>1-Jan-80</b>		STD
	800 Free	20:00.00	<b>1-Jan-80</b>		STD
	50 Back	46.04	<b>2-Feb-13</b>	KGD	Rachel O'Donnell at Gerry Ryan Invitation Gala2013
	100 Back	1:28.16	<b>18-May-13</b>	KGD	Rachel O'Donnell at Munster Age Groups
	200 Back	3:40.24	<b>26-Apr-14</b>	KGD	Allison Lane at Munster Graded
	50 Breast	2:00.00	<b>1-Jan-80</b>		STD
	100 Breast	1:53.59	<b>18-May-13</b>	KGD	Rachel O'Donnell at Munster Age Groups
	200 Breast	6:00.00	<b>1-Jan-80</b>		STD
	50 Fly	2:00.00	<b>1-Jan-80</b>		STD
	100 Fly	1:46.62	<b>18-May-13</b>	KGD	Rachel O'Donnell at Munster Age Groups
	200 Fly	8:00.00	<b>1-Jan-80</b>		STD
	200 IM	3:22.25	<b>19-Jan-13</b>	KGD	Rachel O'Donnell at Munster grade B
	400 IM	10:00.00	<b>1-Jan-80</b>		STD
12 & U	50 Free	31.68	<b>23-May-15</b>	KGD	Rachel O'Donnell at Munster Connacht Age Groups
	100 Free	1:07.41	<b>2-Feb-13</b>	KGD	Megan O'Donnell at Gerry Ryan Invitation Gala2013
	200 Free	2:26.33	<b>2-Feb-13</b>	KGD	Megan O'Donnell at Gerry Ryan Invitation Gala2013
	400 Free	5:06.74	<b>2-Feb-13</b>	KGD	Megan O'Donnell at Gerry Ryan Invitation Gala2013
	800 Free	11:06.10	<b>6-Jul-12</b>	KGD	Megan O'Donnell at Irish Age Group Championships
	50 Back	37.67	<b>31-Jan-15</b>	KGD	Rachel O'Donnell at Gerry Ryan Invitation Gala 2015
	100 Back	1:16.27	<b>2-Feb-13</b>	KGD	Megan O'Donnell at Gerry Ryan Invitation Gala2013
	200 Back	2:44.91	<b>15-Jul-15</b>	KGD	Sadhbh Daly at Irish Age Group & Summer Open Championships
	50 Breast	46.69	<b>15-Mar-03</b>	KGD	NIAMH O'SULLIVAN at Limerick Invitation 2003
	100 Breast	1:31.39	<b>15-Jul-15</b>	KGD	Sadhbh Daly at Irish Age Group & Summer Open Championships
	200 Breast	3:16.70	<b>15-Jul-15</b>	KGD	Sadhbh Daly at Irish Age Group & Summer Open Championships
	50 Fly	2:00.00	<b>1-Jan-80</b>		STD
	100 Fly	1:19.61	<b>2-Feb-13</b>	KGD	Megan O'Donnell at Gerry Ryan Invitation Gala2013
	200 Fly	8:00.00	<b>1-Jan-80</b>		STD
	200 IM	2:52.60	<b>21-Mar-15</b>	KGD	Rachel O'Donnell at Munster LC Championships
	400 IM	10:00.00	<b>1-Jan-80</b>		STD
14 & U	50 Free	28.54	<b>25-Mar-06</b>	KGD	NIAMH O'SULLIVAN at Dave McCullagh Memorial LC Gala
	100 Free	1:01.15	<b>25-Mar-06</b>	KGD	NIAMH O'SULLIVAN at Dave McCullagh Memorial LC Gala
	200 Free	2:09.97	<b>25-Mar-06</b>	KGD	NIAMH O'SULLIVAN at Dave McCullagh Memorial LC Gala
	400 Free	4:37.66	<b>25-Mar-06</b>	KGD	NIAMH O'SULLIVAN at Dave McCullagh Memorial LC Gala
	800 Free	9:53.61	<b>2-Dec-05</b>	KGD	NIAMH O'SULLIVAN at University of Bath Age Groups
	50 Back	28.83	<b>14-May-11</b>	KGD	Grainne Sheehy at Munster Age Groups
	100 Back	1:12.71	<b>16-Jul-14</b>	KGD	Megan O'Donnell at IAG Championships & Summer Open
	200 Back	2:38.37	<b>31-Jan-15</b>	KGD	Megan O'Donnell at Gerry Ryan Invitation Gala 2015
	50 Breast	38.94	<b>21-Mar-15</b>	KGD	Jenny Fox at Munster LC Championships
	100 Breast	1:22.78	<b>15-Jul-15</b>	KGD	Jenny Fox at Irish Age Group & Summer Open Championships
	200 Breast	3:01.04	<b>23-May-15</b>	KGD	Jenny Fox at Munster Connacht Age Groups
	50 Fly	33.37	<b>15-Jan-11</b>	KGD	Aisling Dwyer at MUNSTER CHAMPIONSHIPS
	100 Fly	1:13.85	<b>16-Jul-14</b>	KGD	Megan O'Donnell at IAG Championships & Summer Open
	200 Fly	2:52.00	<b>18-May-14</b>	KGD	Megan O'Donnell at Munster/ Connacht Age Groups
	200 IM	2:41.75	<b>16-Jul-14</b>	KGD	Megan O'Donnell at IAG Championships & Summer Open
	400 IM	6:21.59	<b>2-Feb-13</b>	KGD	Andrea Murphy at Gerry Ryan Invitation Gala2013
16 & U	50 Free	27.39	<b>24-Feb-07</b>	KGD	NIAMH O'SULLIVAN at Celtic Tri Nations Championships
	100 Free	59.91	<b>17-Feb-07</b>	KGD	NIAMH O'SULLIVAN at munster & Connacht LC Meet
	200 Free	2:08.40	<b>23-Mar-07</b>	KGD	NIAMH O'SULLIVAN at Dave McCullagh Memorial Meet

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16 & U	400 Free	4:26.54	<b>12-Jul-07</b>	KGD	NIAMH O'SULLIVAN at Irish Age Group/ Youth Championships
	800 Free	9:22.38	<b>23-Mar-07</b>	KGD	NIAMH O'SULLIVAN at Dave McCullagh Memorial Meet
	50 Back	34.13	<b>31-Mar-12</b>	KGD	Laura O'Shea at MUNSTER CHAMPIONSHIPS
	100 Back	1:12.93	<b>15-Jul-15</b>	KGD	Megan O'Donnell at Irish Age Group & Summer Open Championships
	200 Back	2:37.12	<b>21-Mar-15</b>	KGD	Megan O'Donnell at Munster LC Championships
	50 Breast	37.31	<b>8-Apr-06</b>	KGD	Claire O'Connell at Limerick Invitation 2006
	100 Breast	1:19.32	<b>12-Jul-07</b>	KGD	Claire O'Connell at Irish Age Group/ Youth Championships
	200 Breast	2:53.87	<b>12-Jul-07</b>	KGD	Claire O'Connell at Irish Age Group/ Youth Championships
	50 Fly	31.01	<b>31-Jan-15</b>	KGD	Sarah Gavaghan at Gerry Ryan Invitation Gala 2015
	100 Fly	1:08.24	<b>12-Jul-07</b>	KGD	NIAMH O'SULLIVAN at Irish Age Group/ Youth Championships
	200 Fly	2:36.86	<b>17-Feb-07</b>	KGD	NIAMH O'SULLIVAN at munster & Connacht LC Meet
	200 IM	2:28.37	<b>12-Jul-07</b>	KGD	NIAMH O'SULLIVAN at Irish Age Group/ Youth Championships
	400 IM	6:04.82	<b>23-May-15</b>	KGD	Hollie Boyd at Munster Connacht Age Groups
Senior	50 Free	27.94	<b>27-Mar-09</b>	KGD	Claire O'Connell at Dave McCullagh Memorial Meet
	100 Free	59.06	<b>22-Jul-10</b>	KGD	NIAMH O'SULLIVAN at Irish Junior/Youth/Open Championships
	200 Free	2:02.25	<b>27-Mar-09</b>	KGD	NIAMH O'SULLIVAN at Dave McCullagh Memorial Meet
	400 Free	4:17.00	<b>27-Mar-09</b>	KGD	NIAMH O'SULLIVAN at Dave McCullagh Memorial Meet
	800 Free	8:56.96	<b>27-Mar-09</b>	KGD	NIAMH O'SULLIVAN at Dave McCullagh Memorial Meet
	50 Back	28.83	<b>14-May-11</b>	KGD	Grainne Sheehy at Munster Age Groups
	100 Back	1:10.89	<b>18-Jul-13</b>	KGD	Laura O'Shea at Irish Age Group Youth Senior Open Meet
	200 Back	2:30.74	<b>18-Jul-13</b>	KGD	Laura O'Shea at Irish Age Group Youth Senior Open Meet
	50 Breast	34.71	<b>27-Mar-09</b>	KGD	Claire O'Connell at Dave McCullagh Memorial Meet
	100 Breast	1:16.30	<b>23-Jul-09</b>	KGD	Claire O'Connell at Irish Youth/Open Championships
	200 Breast	2:49.07	<b>24-Jul-08</b>	KGD	Claire O'Connell at Irish Youth/Open Championships
	50 Fly	31.16	<b>14-Feb-09</b>	KGD	Claire O'Connell at Gerry Ryan Limerick Invitation 2009
	100 Fly	1:08.52	<b>22-Jul-10</b>	KGD	NIAMH O'SULLIVAN at Irish Junior/Youth/Open Championships
	200 Fly	2:18.96	<b>22-Jul-10</b>	KGD	NIAMH O'SULLIVAN at Irish Junior/Youth/Open Championships
	200 IM	2:26.42	<b>23-Jul-09</b>	KGD	Claire O'Connell at Irish Youth/Open Championships
	400 IM	4:54.42	<b>22-Jul-10</b>	KGD	NIAMH O'SULLIVAN at Irish Junior/Youth/Open Championships

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### RECORDS Long course records

#### LC Meters-Male

10 & U	50	Free	40.02	<b>18-Feb-06</b>	KGD	DAVID MURPHY at munster & Connacht LC Meet
	100	Free	1:30.97	<b>18-Feb-06</b>	KGD	DAVID MURPHY at munster & Connacht LC Meet
	200	Free	3:07.32	<b>17-Jan-15</b>	KGD	Eoghan Daly at Munster Grade B
	400	Free	10:00.00	<b>1-Jan-80</b>		STD
	50	Back	2:00.00	<b>1-Jan-80</b>		STD
	100	Back	1:28.08	<b>10-Apr-15</b>	KGD	Eoghan Daly at Munster Div 2
	200	Back	6:00.00	<b>1-Jan-80</b>		STD
	50	Breast	2:00.00	<b>1-Jan-80</b>		STD
	100	Breast	1:44.81	<b>10-Apr-15</b>	KGD	Eoghan Daly at Munster Div 2
	200	Breast	6:00.00	<b>1-Jan-80</b>		STD
	50	Fly	2:00.00	<b>1-Jan-80</b>		STD
	100	Fly	4:00.00	<b>1-Jan-80</b>		STD
	200	Fly	9:00.00	<b>1-Jan-80</b>		STD
	200	IM	3:30.32	<b>17-Jan-15</b>	KGD	Eoghan Daly at Munster Grade B
	400	IM	10:00.00	<b>1-Jan-80</b>		STD
12 & U	50	Free	32.14	* <b>17-Feb-07</b>	KGD	Brian O'Sullivan at munster & Connacht LC Meet
	50	Free	32.14	* <b>17-Feb-07</b>	KGD	Brian O'Sullivan at munster & Connacht LC Meet
	100	Free	1:06.00	<b>12-Jul-07</b>	KGD	Brian O'Sullivan at Irish Age Group/ Youth Championships
	200	Free	2:24.82	<b>12-Jul-07</b>	KGD	Brian O'Sullivan at Irish Age Group/ Youth Championships
	400	Free	5:08.46	<b>12-Jul-07</b>	KGD	Brian O'Sullivan at Irish Age Group/ Youth Championships
	50	Back	37.91	<b>17-Feb-07</b>	KGD	Brian O'Sullivan at munster & Connacht LC Meet
	100	Back	1:22.79	<b>17-Feb-07</b>	KGD	Brian O'Sullivan at munster & Connacht LC Meet
	200	Back	3:01.60	<b>31-Mar-12</b>	KGD	Caomhán Daly at MUNSTER CHAMPIONSHIPS
	50	Breast	3:00.00	<b>1-Jan-80</b>		STD
	100	Breast	1:35.53	<b>19-May-12</b>	KGD	Caomhán Daly at Munster Age Groups
	200	Breast	3:30.30	<b>31-Mar-12</b>	KGD	Caomhán Daly at MUNSTER CHAMPIONSHIPS
	50	Fly	38.37	<b>17-Feb-07</b>	KGD	Brian O'Sullivan at munster & Connacht LC Meet
	100	Fly	1:43.67	<b>25-Jan-14</b>	KGD	Seamus Harty at Munster Grade B
	200	Fly	9:00.00	<b>1-Jan-80</b>		STD
	200	IM	3:04.67	<b>19-May-12</b>	KGD	Caomhán Daly at Munster Age Groups
	400	IM	10:00.00	<b>1-Jan-80</b>		STD
14 & U	50	Free	28.43	<b>18-May-13</b>	KGD	Jack Grace at Munster Age Groups
	100	Free	1:01.43	<b>18-Jul-13</b>	KGD	Jack Grace at Irish Age Group Youth Senior Open Meet
	200	Free	2:18.05	<b>22-Mar-14</b>	KGD	Caomhán Daly at Munster LC Championships
	400	Free	4:48.90	<b>22-Mar-14</b>	KGD	Caomhán Daly at Munster LC Championships
	1500	Free	40:00.00	<b>1-Jan-80</b>		STD
	50	Back	36.18	<b>2-Feb-13</b>	KGD	Jack Grace at Gerry Ryan Invitation Gala2013
	100	Back	1:10.74	<b>18-Jul-08</b>	KGD	Brian O'Sullivan at Irish Age Group Championships
	200	Back	2:35.36	<b>18-Jul-13</b>	KGD	Jack Grace at Irish Age Group Youth Senior Open Meet
	50	Breast	37.38	<b>22-Mar-14</b>	KGD	Caomhán Daly at Munster LC Championships
	100	Breast	1:20.55	<b>16-Jul-14</b>	KGD	Caomhán Daly at IAG Championships & Summer Open
	200	Breast	2:51.65	<b>16-Jul-14</b>	KGD	Caomhán Daly at IAG Championships & Summer Open
	50	Fly	33.60	<b>15-Jan-11</b>	KGD	DAVID MURPHY at MUNSTER CHAMPIONSHIPS
	100	Fly	1:12.06	<b>22-Mar-14</b>	KGD	Caomhán Daly at Munster LC Championships
	200	Fly	9:00.00	<b>1-Jan-80</b>		STD
	200	IM	2:35.01	<b>16-Jul-14</b>	KGD	Caomhán Daly at IAG Championships & Summer Open
	400	IM	10:00.00	<b>1-Jan-80</b>		STD
16 & U	50	Free	25.29	<b>30-Apr-15</b>	KGD	Jack Grace at Irish LC Championships
	100	Free	54.79	<b>15-Jul-15</b>	KGD	Jack Grace at Irish Age Group & Summer Open Championships
	200	Free	2:05.34	<b>24-Jul-08</b>	KGD	CHRISTOPHER ROGERS at Irish Youth/Open Championships
	400	Free	4:26.65	<b>24-Jul-08</b>	KGD	CHRISTOPHER ROGERS at Irish Youth/Open Championships

## Kingdom Swimming Club

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### RECORDS Long course records

16 & U	1500 Free	17:55.87	<b>24-Jul-08</b>	KGD	CHRISTOPHER ROGERS at Irish Youth/Open Championships
	50 Back	31.76	<b>22-Mar-14</b>	KGD	Jack Grace at Munster LC Championships
	100 Back	1:06.88	<b>15-Jul-15</b>	KGD	Jack Grace at Irish Age Group & Summer Open Championships
	200 Back	2:27.71	<b>18-Jul-13</b>	KGD	Dylan Fitzgerald at Irish Age Group Youth Senior Open Meet
	50 Breast	35.85	<b>21-Mar-15</b>	KGD	Caomhán Daly at Munster LC Championships
	100 Breast	1:16.38	<b>15-Jul-15</b>	KGD	Caomhán Daly at Irish Age Group & Summer Open Championships
	200 Breast	2:48.63	<b>21-Mar-15</b>	KGD	Caomhán Daly at Munster LC Championships
	50 Fly	29.74	<b>31-Jan-15</b>	KGD	Jack Grace at Gerry Ryan Invitation Gala 2015
	100 Fly	1:09.99	<b>1-Feb-14</b>	KGD	Wayne McGrath at Gerry Ryan Invitation Gala 2014
	200 Fly	9:00.00	<b>1-Jan-80</b>		STD
	200 IM	2:29.45	<b>15-Jul-15</b>	KGD	Caomhán Daly at Irish Age Group & Summer Open Championships
	400 IM	5:11.03	<b>18-Jul-13</b>	KGD	Dylan Fitzgerald at Irish Age Group Youth Senior Open Meet
Senior	50 Free	25.52	<b>21-Mar-15</b>	KGD	Jack Grace at Munster LC Championships
	100 Free	54.98	<b>15-Jul-15</b>	KGD	Jack Grace at Irish Age Group & Summer Open Championships
	200 Free	2:06.11	<b>24-Jul-08</b>	KGD	CHRISTOPHER ROGERS at Irish Youth/Open Championships
	400 Free	4:31.84	<b>24-Jul-08</b>	KGD	CHRISTOPHER ROGERS at Irish Youth/Open Championships
	1500 Free	17:57.67	<b>18-Jul-13</b>	KGD	Dylan Fitzgerald at Irish Age Group Youth Senior Open Meet
	50 Back	32.24	<b>22-Mar-14</b>	KGD	Jack Grace at Munster LC Championships
	100 Back	1:07.40	<b>22-Mar-14</b>	KGD	Dylan Fitzgerald at Munster LC Championships
	200 Back	2:27.71	<b>18-Jul-13</b>	KGD	Dylan Fitzgerald at Irish Age Group Youth Senior Open Meet
	50 Breast	34.62	<b>18-Feb-06</b>	KGD	TIM O'CONNELL at munster & Connacht LC Meet
	100 Breast	1:18.08	<b>21-Mar-15</b>	KGD	Caomhán Daly at Munster LC Championships
	200 Breast	2:48.74	<b>15-Jul-15</b>	KGD	Caomhán Daly at Irish Age Group & Summer Open Championships
	50 Fly	32.98	<b>15-Mar-03</b>	KGD	JAMES O CONNELL at Limerick Invitation 2003
	100 Fly	1:07.69	<b>31-Jan-15</b>	KGD	Dylan Fitzgerald at Gerry Ryan Invitation Gala 2015
	200 Fly	9:00.00	<b>1-Jan-80</b>		STD
	200 IM	2:29.31	<b>16-Jul-14</b>	KGD	Dylan Fitzgerald at IAG Championships & Summer Open
	400 IM	5:08.54	<b>16-Jul-14</b>	KGD	Dylan Fitzgerald at IAG Championships & Summer Open