

Kingdom Masters Short Course Gala

3A-16/17-M031.

Saturday 22nd April 2017

Individual Entry Sheet (please use block capitals)

Name:	
Male/Female	
Swim Ireland No:	
Date of Birth:	
Age Bracket:	
Swimming Club	
Telephone No:	
E-mail Address:	
	Entry Time
Session 1 - 9.30 Warm up and 10.30 Start	
1. 400m Freestyle – Mixed	
2. 100m I.M. – Mixed	
3. 100m Breaststroke – Mixed	
4. 50m Butterfly – Mixed	
5. 50m Backstroke – Mixed	
6. 400IM -Mixed	
7. 100m Freestyle – Mixed	
8. 4 x 50m Medley Relay – Men	
9. 4 x 50m Medley Relay - Women	
Session 2 – 13.30 Warm Up and 14.30 Start	
10. 200m I.M. – Mixed	
11. 200m Freestyle – Mixed	
12. 100m Butterfly – Mixed	
13. 50m Breaststroke – Mixed	
14. 100m Backstroke – Mixed	
15. 50m Freestyle – Mixed	
16. 4 x 50m Freestyle Relay – Men	
17. 4 x 50m Freestyle Relay – Women	
Entry Fee: €6 per individual event with Relay entry below	Individual Entry Total €